



MONTH of OCTOBER, 2019/2020

Woodland Universal Breakfast/Snack/Grindable

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Cereal Cheese stick Orange Asst juice Asst milk	2 Breakfast round yogurt Banana Asst juice Asst milk	3 Mini cini Cheese stick Applesauce Asst juice Asst milk	4 Benefit bar yogurt Apple Asst juice Asst milk	5
6	7 OFF	8 OFF	9 OFF	10 OFF	11 OFF	12
13	14 Graham crackers peanut butter Dried fruit Asst juice Asst milk	15 Cereal Cheese stick Orange Asst juice Asst milk	16 Breakfast round yogurt Banana Asst juice Asst milk	17 Straw bagelful Cheese stick Applesauce Asst juice Asst milk	18 Benefit bar yogurt Apple Asst juice Asst milk	19
20	21 Graham crackers peanut butter Dried fruit Asst juice Asst milk	22 Cereal Cheese stick Orange Asst juice Asst milk	23 Breakfast round yogurt Banana Asst juice Asst milk	24 Mini cini Cheese stick Applesauce Asst juice Asst milk	25 Benefit bar yogurt Apple Asst juice Asst milk	26
27	28 Graham crackers peanut butter Dried fruit Asst juice Asst milk	29 Cereal Cheese stick Orange Asst juice Asst milk	30 Breakfast round yogurt Banana Asst juice Asst milk	31 Straw bagelful Cheese stick Applesauce Asst juice Asst milk		

USDA is an equal opportunity provider and employer.

****Grindables will substitute yogurt for peanut butter & oatmeal for grain breakfast bars.***