



MONTH of SEPTEMBER, 2019/2020

Woodland Universal Breakfast/Snack/Grindable

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 OFF	3 Cereal Cheese stick Orange Asst juice Asst milk	4 Breakfast round Yogurt Banana Asst juice Asst milk	5 Mini cini Cheese stick Applesauce Asst juice Asst milk	6 Benefit bar Peanut butter Apple Asst juice Asst milk	7
8	9 Graham crackers peanut butter Dried fruit Asst juice Asst milk	10 Cereal Cheese stick Orange Asst juice Asst milk	11 Breakfast round Yogurt Banana Asst juice Asst milk	12 Strawberry bagelful Cheese stick Applesauce Asst juice Asst milk	13 Benefit bar Peanut butter Apple Asst juice Asst milk	14
15	16 Graham crackers peanut butter Dried fruit Asst juice Asst milk	17 Cereal Cheese stick Orange Asst juice Asst milk	18 Breakfast round Yogurt Banana Asst juice Asst milk	19 Mini cini Cheese stick Applesauce Asst juice Asst milk	20 Benefit bar Peanut butter Apple Asst juice Asst milk	21
22	23 Graham crackers peanut butter Dried fruit Asst juice Asst milk	24 Cereal Cheese stick Orange Asst juice Asst milk	25 Breakfast round Yogurt Banana Asst juice Asst milk	26 Strawberry bagelful Cheese stick Applesauce Asst juice Asst milk	27 Benefit bar Peanut butter Apple Asst juice Asst milk	28
29	30 Graham crackers peanut butter Dried fruit Asst juice Asst milk					

USDA is an equal opportunity provider and employer.

***Grindables will substitute yogurt for peanut butter & oatmeal for grain breakfast bars.**